

**FOR IMMEDIATE RELEASE**

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## **AUTHOR RECEIVES 5 STAR REVIEW FOR UPCOMING RELEASE**

**SANTA YNEZ, CA.** August 28, 2025—Inspired 101 is excited to announce the publication of **101 Ways to Wow! Our World**, the 4th book by award-winning author Debbie Jenae. We've all heard the cry. There's too much violence, negativity and cynicism, what can anyone do? According to Debbie Jenae, there's always something. "There's way too much focus on what we don't want and what we fear, leaving little room to receive the joy and abundance that is our birthright." Debbie honors the personal and societal challenges we face, while providing a fresh perspective, tips and tools, resources, and the motivation to "shift negative patterns into positive vibes." There are lots of lists. This one brings the what, the why, and the WOW.

"A heart-hugging, wildly optimistic reminder of your magnificence, your power to affect change, and the value you bring to the planet." —Debbie Jenae

### **Recent Book Review**

"The Wishing Shelf loved this book so much we awarded it **5 STARS!**"

### **Book Summary**

The book begins with the Author's Note and a Promise, How to Use this Book, and an Introduction.

The List of *101 Ways* is presented in 3 formats:

- 2-page spread
- Each Way with an inspirational description
- The 101 Ways separated into 6 categories:

Taking care of yourself, If you or someone you know needs help, Relating to children, In your community, Habits worth keeping, Things to think about.

A short *Reach Out* section encourages readers to do just that, followed by 84 *Resources* separated into sections from *The Arts* to *Healthy Mind, Body, Spirit* to *Youth*. Images throughout emphasize the book's positive can-do theme.

*101 Ways to Wow! Our World* is an updated and expanded 12th Anniversary Edition of *Be An Inspiration!* (Inspired 101, 2013)

### **About the Author**

Debbie Jenae is an award-winning author, inspirational speaker, and founder of Inspired 101. She is Master Certified in Graphoanalysis (handwriting analysis for character and personality), recipient of the Graphoanalyst of the Year award, and has published more than 300 articles on the subject. She was also a governor's award nominee for her years of outstanding service as a court-appointed child advocate in Hawaii. Debbie's fascination and study of behavior and potential includes acupuncture, animal symbology, energy medicine, and women's ancient history and influence. From child abuse victim to analyst, author, advocate, speaker, activist, artist, editor, and producer, Debbie is dedicated to increasing understanding, empowering others, and inspiring positive action.

### **Book Details**

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264 pages, 5.83 x 8.27 (A5), Full color

Available at Bookshop.org, Amazon, Barnes & Noble, Walmart, and other retailers around the world. More information is available at [inspired101.com](http://inspired101.com)

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