

I am the author of this book and I am circulating a few special copies that contain this note. I love the idea of survivors inspiring survivors. Please join me in a grassroots honor-sharing of this book and its empowering messages. Visit DebbieJenae.com/SIS for more.

1. **Read:** Whether you ‘found’ this special copy or it was given to you, it very likely has a message for you or someone you know. Take it with you and read it from cover to cover. If you are not able or interested, pass it on to someone else or leave in a location for the right person to find it.
2. **Leave a note:** If this story inspired you in some way, consider leaving a handwritten note inside the book with a positive message for the next person who reads it. You can sign the note, if you like. Initials or first name is okay.
3. **Pass it on:** Give this book and all of its accumulated notes to someone you think could benefit from the story—survivor, parent, friend, teacher, counselor, etc. **Don't hold on to this book.** Keep it moving. Often, when you are ready to pass it on, the first person you thought of may be the best one to receive it.
4. **Track our progress:** Optional but fun! Leave a comment with your location (city, state) at DebbieJenae.com/SIS. I will update the map. In the comment, you can also leave an uplifting thought (like the one you left in the book), a quote, or another inspiration.
5. **Return or contact:** In one year, January 2020, **return** the book and all notes to me. I may include them in another project to further inspire others. If you feel this book is too full of notes, too damaged or worn to pass on, please return to me: Debbie Jenae, P.O. Box 1054, Santa Ynez, CA 93460. I will send out another to circulate. Any questions, **contact** me via DebbieJenae.com. Visit DebbieJenae.com/SIS for updates.

Child abuse thrives in secrecy. Let's help survivors find their voice by sharing ours. Thank you!

In love and light,

Debbie